

Logging in

If you have previously booked an Epic course, you should be able to login with the same username and password that you used on the RBKC site. There are links to remind you of your username and to reset your password. You will need access to the email address that received your last EPIC course booking confirmation.

Log in

⚠ Your session has timed out. Please log in again.

Username

Password

☐ Remember username

[Forgotten your username or password?](#)

[Click to request access to Epic Training
or Contact Us](#)

In the event of difficulty, click on *Click to request access to Epic Training*, and use the form to explain your login problem. You can also use the same link to *Contact Us*.

Finding a course

Once logged in, you can choose any course from the *available courses* or *search* for a topic:

Search courses:

Available courses

- [Alcohol use, sexual activity and young people](#)
- [Chance, Choice and Consequences](#)
- [Chlamydia Screening Training](#)
- [Condom distribution scheme training](#)

Clicking on a course title takes you to the *course page*. If this is your first visit to the course, you will need to click *book this course* on the green bar:

Course overview and outcomes

Sex, Pressure and Social Networks

Aim

To enable participants to gain knowledge and skills about the influences and pressures young people face as they develop and explore their emerging sexuality.

Learning Objectives

By the end of the training participants will have gained knowledge and understanding of:

- The messages young people receive that influence their sexual life, relationships and self esteem
- The potential impact of modern media (including social networks, pornography and celebrity culture) and key messages to support young people to negotiate it safely.
- How to support young people to make informed choices about their sexual life.
- How to encourage young people to think about the importance of positive friendships to build self esteem.
- How to equip young people with the skill to say no to sex they don't want and to explore intimacy and sensuality in non-sexual ways.

Self enrolment (Delegate)

No enrolment key required.

You will see a page similar to this. Click the *sign-up* button beside the date you wish to attend:

All sessions in Sex, Pressure and Social Networks

Upcoming sessions

Venue	Room	Date	Time	Seats available	Status	Options
Canalside Centre, Canal Close, London, W10 5AY.	Confirmed on day	20 January 2016	9:30 AM - 4:30 PM	8	Booking open	Sign-up

The full details of the course *session* you have chosen appear. Click *sign-up* again to confirm it is the session you require:

Sign-up for Sex, Pressure and Social Networks

Venue Canalside Centre, Canal Close, London, W10 5AY.

Room Confirmed on day

Session date/time 20 January 2016, 9:30 AM – 20 January 2016, 4:30 PM

Seats available 8

Duration 7 hours

Please confirm that this is your manager's email address?

If not, you need to edit it in your profile first.

Click on your name, top-right and select Preferences.

Manager's email*

Notification Type*

There are required fields in this form marked *.

[Sign-up](#)

[Cancel](#)

N.B If your *manager's email* is incorrect, see the instructions on page 3 to edit your *profile*, before *sign-up*.

Once you have confirmed your chosen *session*, you will see a completion message and receive an email:

Your booking has been completed.

You should immediately receive a confirmation email.

You will be returned to the *course page*. Scroll down to see your booking:

You are booked for the following session:

20 January 2016 9:30 AM - 4:30 PM

Options: [More info](#) [Cancel booking](#)

[View all sessions](#)

If you need to cancel your place, use the *cancel booking* link.

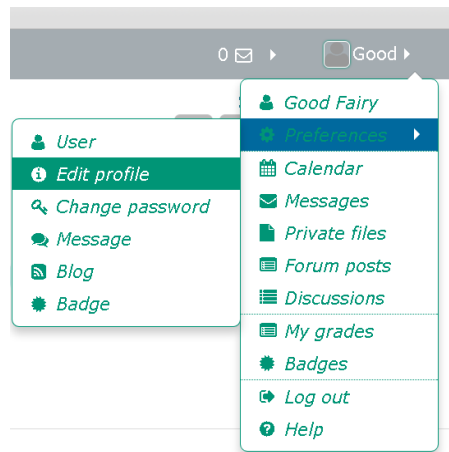
To return to the course list

Click *home* in the *navigation menu* from any page:

**If your manager's email is incorrect**

If your *manager's email address* was incorrect on a course's *sign-up* page, click on your *name* in the top-right-hand corner on any page.

Select *preferences* and then click *edit profile*.



When your *profile* opens, scroll down and change your manager's email:

A screenshot of a profile editing form. At the top, there is a section titled 'Other fields'. Below this, there is a label 'Manager's email*' followed by a text input field containing 'david@davidgregg.net'. Below the input field, there is a red error message: 'There are required fields in this form marked *.' At the bottom right of the form, there is a green button labeled 'Update profile'.

Then click *update profile*.

Return to the course you were *booking* and *sign-up* (page 2).

Logging out

Click your name on the top-right to *logout*:

